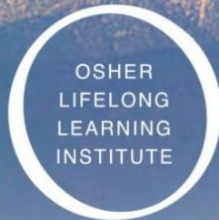


WINTER



KIT MAIL (Keep in Touch)

From OLLI at UCI

at University of California, Irvine

Monday, February 13, 2023

Welcome Spring Members!



Happy Valentine's week from OLLI at UCI! We are excited to share our spring 2023 semester with you and want to extend a warm welcome to all our new members! Welcome to our OLLI family!

New Member Orientation is this week Thursday in the OLLI classroom from 10:00 AM - 11:30 AM. You will receive your new 25th Anniversary OLLI membership badge, get a new member welcome gift, and meet our President, Lonnie Horn, along with attending board members and committee chairs. Learn about volunteer opportunities and other ways to connect with our OLLI community. RSVP at: olli@uci.edu.

We are bringing back **Morning Mingles!** Set your calendar for **March 8th - 10th** and come to class a little early to mingle! We'll provide the coffee and pastries! All you have to do is join us at **9:30 AM** before the following classes:

- AH 107: Spell Check Won't Save You! Part 2 (Wednesday, March 8)
- SC 204: Living Well: Interventional Cardiology (Thursday, March 9)
- SS 302: Self-Care 9 Vital Practices for Resilience and Well Being, session 2 (Friday, March 10)

Additionally, we will be hosting another **OLLI Social Hour** the following week, **March 16, from 3:30 PM - 5:00 PM**. Enjoy great company and

tasty snacks courtesy of our OLLI Board of Director's.

Finally, we hope you will join us at our **OLLI 25th Anniversary Gala!** Come celebrate OLLI's 25th year of bringing together mature minds in vibrant learning experiences! We're marking the milestone with a festival buffet dinner, wine, entertainment, and silent auction in UCI-DCE's Banquet Hall. Registration is open to non-members, too, so bring a guest! For more information or to register, click [here](#). This event will require an additional [Gala Registration Form](#) to be filled out with your event fees after registering. Please download that form [here](#), or come into the OLLI office to pick one up!

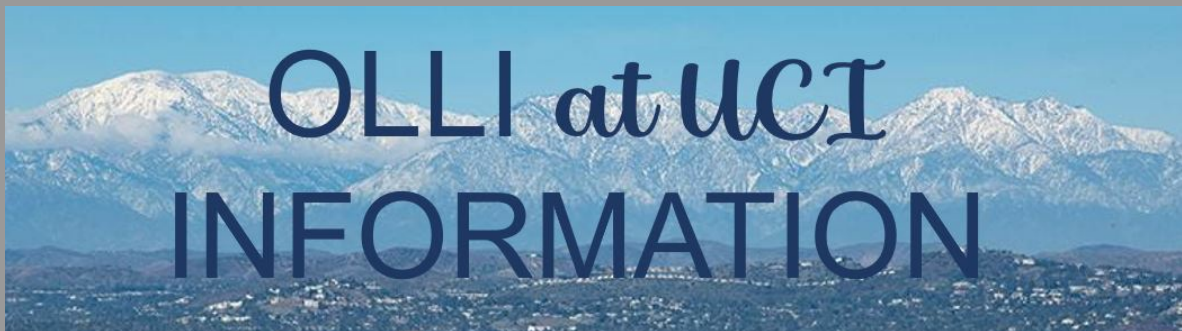
We look forward to seeing everyone in the classroom or online!

Warmly,

OLLI at UCI

FANTASTIC FEEDBACK

- **"Loved the class. He is an outstanding presenter and the information was truly stimulating. One of the best classes I have taken at OLLI."**
 - *OLLI members in response to: SS 315 Why Things Happen*
- **"Prof. DeSipio knows so much about our political arena. It was very interesting to see the outcome of our election. As always I learn a lot from our OLLI classes!"**
 - *OLLI members in response to: SC 316 Mid-Term Elections Recap*



UPCOMING OLLI at UCI EVENTS



OLLI



at University of California, Irvine

Welcome Spring Members!

Come join our OLLI at UCI Spring 2023 New Member Orientation

- Learn about our OLLI History
- Meet our Board of Director's
- Learn how to access our OLLI Remote Learning Center
- Pick up your OLLI Membership Badge

OLLI at UCI New Member Orientation

Thursday, February 16
10:00 AM – 11:30 AM

OLLI Onken Classroom at the Irvine Train Station
15207 Barranca Parkway
Irvine, CA 92618

RSVP: olli@uci.edu
ce.uci.edu/olli

Welcome to the Spring semester at OLLI!

Your OLLI Board of Director's are excited to kick off the spring 2023 semester with our member appreciation Morning Mingles!

They will provide coffee and pastries from 9:30 AM – 10:00 AM, before the following classes, so come mingle!

- Wednesday, March 8:
AH 107: Spell Check Won't Save You! (Part 2)
- Thursday, March 9:
SC 204: Living Well: Interventional Cardiology
- Friday, March 10:
SS 302: Self-Care: 9 Vital Practices for Resilience and Well Being



OLLI 25th Anniversary Gala!

Celebrate OLLI'S 25th year of bringing together mature minds in a vibrant learning experience. We're marking the milestone with a festive buffet dinner, wine, entertainment,



We're Having a Bash and You're Invited!

OLLI 25th Anniversary Gala
Saturday, April 22
5:00 PM – 8:00 PM

Cost: \$125 (includes dinner, entertainment,
and donation to OLLI)

For more information, email: olli@uci.edu

and silent auction in UCI-DCE's Banquet Hall. The pandemic could not shut us down. We continued throughout by inventing ways to keep members engaged and participating in their own homes. What was a hindrance quickly became only a challenge to overcome. Come to the party and be proud that you are part of OLLI's success. Thank you for your support in moving us forward to even greater growth and excitement in our mission.



Get Involved *contribute Give Inspire* Teamwork
New Friendships
help **VOLUNTEER at OLLI**
connect *Purpose Make a difference* DONATE Service
community



OLLI at UCI members have many opportunities to volunteer within our OLLI community!

We are a member-driven organization of enthusiastic lifelong learners. With vibrant minds and unbounded curiosity, we discover, share, and build social connections with like-minded individuals in a rich learning culture.

If you are interested in learning more, email: olli@uci.edu

Board of Director Open Positions:

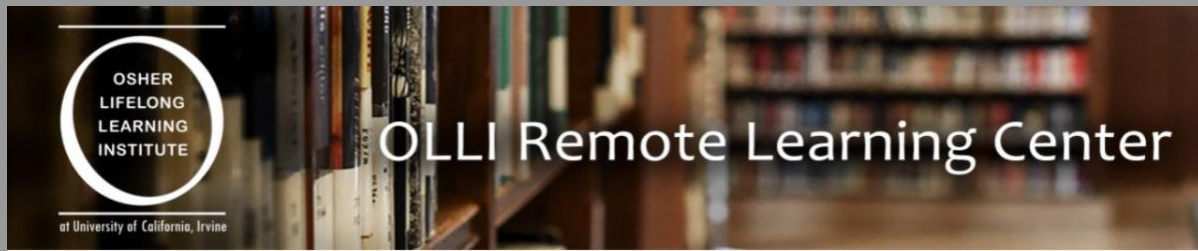
- VP, Operations
- VP, Programs

Member Volunteer Open Positions:

- Social Science Chair
- Social Science Co-Chair

- VP, Member Services
- VP, Marketing

- STEM Co-Chair
- Committee Members
- Class Facilitators



To view online classes, you will need to create an account for the [ORLC](#). If you have not received your OLLI Membership ID, please email: olli@uci.edu.

If you already created an account for the [ORLC](#), you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: olli@uci.edu.

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



Upcoming Classes

CLASS FORMAT LEGEND:

A: Classroom ONLY (Presenter and Audience attend in person)

B/C: Hybrid with Presenter in person or via Zoom (Audience attend in person or via Zoom)

D: Zoom ONLY (Presenter and Audience attend via Zoom)

Calendar at a Glance

Monday 2/13	Tuesday 2/14	Wednesday 2/15	Thursday 2/16	Friday 2/17
<u>10:00 AM</u>	<u>10:00 AM</u>	<u>10:00 AM</u>	<u>10:00 AM</u> New Member Orientation	<u>10:00 AM</u> SS 302 Format B/C
<u>1:00 PM</u>	<u>1:00 PM</u>	<u>1:00 PM</u>	<u>1:30 PM</u> SS301 Format B/C	<u>1:00 PM</u>

Class Descriptions

**SS 301
Format B/C
Zoom is Observation
ONLY**

CURRENT ISSUES FORUM

**Thursday, February 16
1:30 PM - 3:30 PM**

**Discussion Leaders:
Bob Greenberg,
Mike Schlesinger,
Mel Roth,
Katherine Jones,
Yasmin Vali,
Jaime Schwartsman,
Alsion Bok, and
Brad Gilbert.**

Current Issues is a discussion group where we explore timely topics with multiple perspectives and ideas. A committee of members chooses the topics and presents issues on a rotating basis, giving background in an impartial manner.

Our first hour will be an interactive presentation on “Are the criminal laws applied differently for different people? Why?” This should be a lively topic for discussion and will be presented by Kathy Nordin, a retired criminal defense attorney.

The second hour will be “Potpourri” where we have no presentation, just suggested topics for discussion. Here are the topics:

1. Should public schools allow football in light of the brain damage from CTE?
2. Should there be a limit on profits for essential goods and services?
3. Should essential service providers like nurses and doctors be allowed to strike?

We look forward to seeing you and hearing your thoughts!

In this workshop, you will learn powerful practices for self-care that you can integrate into your daily life.

**SS 302
Format B/C**

- How can we work with our body and mind to foster good health and well-being?
- In what ways does stress affect our health?
- Can we learn to develop our inner resources and let go of anxiety, fear, and depression?
- What are the ancient wisdom healing traditions and the most recent discoveries of neuroscience telling us about the enormous potential we all have to overcome physical and emotional challenges?

SELF-CARE: 9 VITAL PRACTICES FOR RESILIENCE AND WELL BEING

Friday, February 17
10:00 AM - 12:00 AM

Presenter:
Dr. Amelia Barili, Ph.D, UC
Berkeley



IMPORTANT CLASS NOTICES

SC 201
Format B/C

OH RATS!

~~Thursday, February 23~~
Friday, February 24
10:00 AM - 12:00 AM

Presenter:
Michael Peri, Ph.D

CHANGE OF DATE

Please note that SC 202 has been moved from Thursday, February 23 to **Friday, February 24th**. All enrolled members will also be notified via email.

This class will still meet in both the OLLI classroom and online via Zoom through your OLLI Remote Learning Center account (ORLC) from 10:00 AM - 12:00 PM. It will also be recorded for later viewing.

UCI COVID-19 VACCINATION POLICY

OLLI at UCI COVID-19 VACCINATION REQUIREMENT



- OLLI will continue to ask members to provide proof of COVID-19 vaccination at the first class meeting or special event a member attends.
- To view UCI's Vaccination Policy, click [here](#).
- If a member (or guest) is not vaccinated, OLLI requests that they attend class online.

To add your digital State of California COVID-19 vaccination record to your phone, fill out the following form: <https://myvaccinerecord.cdph.ca.gov>

UCI COVID-19 MASK POLICY

From the UCI Campus Public Health Response Team:

Face coverings will continue to be recommended indoors, but not required, regardless of vaccination status consistent with current [California Department of Public Health \(CDPH\)](#) guidance on the use of face masks in California. Therefore, individuals should feel free to continue to wear face coverings if they desire.



- OLLI at UCI will continue to provide face coverings to those that request one.

For the latest COVID-19 information, please continue to visit the [UCI Forward website](#). Thank you for your ongoing compliance with COVID-19 protocols to help with campus health and well-being.

CONTACTING US



OLLI at UCI

Office hours: 9:00am - 4:00pm

[Irvine Train Station](#)
[15207 Barranca Pkwy](#)
[Irvine, CA 92618](#)

Phone: 949-451-1403

Email: olli@uci.edu

Website: ce.uci.edu/olli

VISIT US ON FACEBOOK



