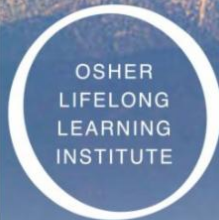


WINTER



at University of California, Irvine

# KIT MAIL (Keep in Touch)

From OLLI at UCI

Monday, February 27, 2023

## Greetings OLLI Members

We have a wonderful week of new spring classes ahead and a NEW Pop-Up class you won't want to miss next Monday, March 6th. **Join us in the classroom for AH 115: Women at the Piano 1848-1970 with live music on our OLLI grand piano from 1:30 PM - 3:30 PM.**

Don't forget to join us at our **OLLI 25th Anniversary Gala!** Come celebrate OLLI's 25th year of bringing together mature minds in vibrant learning experiences! We're marking the milestone with a festival buffet dinner, wine, entertainment, and silent auction in UCI-DCE's Banquet Hall. Registration is open to non-members, too, so bring a guest! For more information or to register, click [here](#). This event will require an additional [Gala Registration Form](#) to be filled out with your event fees after registering. Please download that form [here](#), or come into the OLLI office to pick one up!

We are looking forward to seeing you in the classroom or online. Stay Curious!

Warmly,

OLLI at UCI



*We're Having a Bash  
and You're Invited!*

OLLI 25<sup>th</sup> Anniversary Gala

Saturday, April 22

5:00 PM – 8:00 PM

Cost: \$125 (includes dinner, entertainment,  
and donation to OLLI)

For more information, email: [olli@uci.edu](mailto:olli@uci.edu)

# OLLI at UCI INFORMATION

## UPCOMING OLLI at UCI EVENTS

### Welcome to the Spring semester at OLLI!

Your OLLI Board of Director's are excited to kick off the spring 2023 semester with our member appreciation Morning Mingles!

They will provide coffee and pastries from 9:30 AM – 10:00 AM, before the following classes, so come mingle!

- Wednesday, March 8:  
AH 107: Spell Check Won't Save You! (Part 2)
- Thursday, March 9:  
SC 204: Living Well: Interventional Cardiology
- Friday, March 10:  
SS 302: Self-Care: 9 Vital Practices for Resilience and Well Being



**We're Having a Bash  
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Cost: \$125 (includes dinner, entertainment,  
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### OLLI 25th Anniversary Gala!

Celebrate OLLI'S 25th year of bringing together mature minds in a vibrant learning experience. We're marking the milestone with a festive buffet dinner, wine, entertainment, and silent auction in UCI-DCE's Banquet Hall. The pandemic could not shut us down. We continued throughout by inventing ways to keep members engaged and participating in their own homes. What was a hindrance quickly became only a challenge to overcome. Come to the party and be proud that you are part of OLLI's success. Thank you for your support in moving us forward to even greater growth and excitement in our mission.





Get Involved *contribute Give Inspire* Teamwork  
New Friendships  
help **VOLUNTEER at OLLI**  
connect  
community Purpose Make a difference DONATE Service



at University of California, Irvine

## OLLI at UCI members have many opportunities to volunteer within our OLLI community!

We are a member-driven organization of enthusiastic lifelong learners. With vibrant minds and unbounded curiosity, we discover, share, and build social connections with like-minded individuals in a rich learning culture.

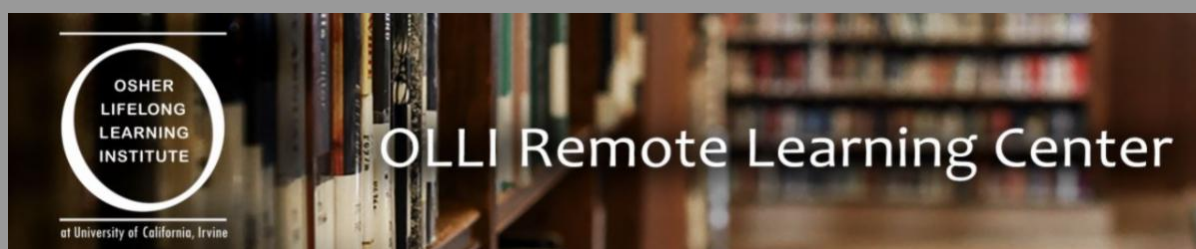
If you are interested in learning more, email: [olli@uci.edu](mailto:olli@uci.edu)

### Board of Director Open Positions:

- VP, Operations
- VP, Programs
- VP, Member Services
- VP, Marketing

### Member Volunteer Open Positions:

- Social Science Chair
- Social Science Co-Chair
- STEM Co-Chair
- Committee Members
- Class Facilitators



To view online classes, you will need to create an account for the [ORLC](#). If you have not received your OLLI Membership ID, please email: [olli@uci.edu](mailto:olli@uci.edu).

If you already created an account for the [ORLC](#), you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: [olli@uci.edu](mailto:olli@uci.edu).

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



# Weekly Schedule

## Upcoming Classes

### CLASS FORMAT LEGEND:

**A: Classroom ONLY** (Presenter and Audience attend in person)

**B/C: Hybrid with Presenter in person or via Zoom** (Audience attend in person or via Zoom)

**D: Zoom ONLY** (Presenter and Audience attend via Zoom)

## Calendar at a Glance

Monday 2/27	Tuesday 2/28	Wednesday 3/1	Thursday 3/2	Friday 3/3
<u>10:00 AM</u>	<u>10:00 AM</u>	<u>10:00 AM</u>	<u>10:00 AM</u> <b>SC 203</b> Format B/C	<u>10:00 AM</u> <b>SS 302</b> Format B/C
<u>1:00 PM</u> <b>AH 102</b> Format A				
<u>1:30 PM</u> <b>AH 103</b> Format D	<u>1:30 PM</u>	<u>1:30 PM</u> <b>AH 105</b> Format D	<u>1:30 PM</u>	<u>1:30 PM</u>
<b>CANCELLED</b>				

## Class Descriptions

This six-class series is a fun, interactive adventure in reading and discussing

**AH 102**  
Format A

renowned American short stories.

Participants choose a favorite story from the text, develop questions, and lead the discussion. Guidance for developing discussion questions and sample questions will be available.

The textbook is The Scribner Anthology of Contemporary Short Stories (2nd edition) edited by Lex Williford and Michael Martone, available on Amazon in paperback and as an e-book.

## AMERICAN SHORT STORY MASTERPIECES: The Art of the Short Story

Monday, February 27  
1:00 PM - 3:00 PM

Discussion Leaders:  
Susan Fouts

AH 103  
Format D  
**CANCELLED**

## INTERNATIONAL SHORT STORIES

Monday, February 27  
1:30 PM - 3:30 PM

Discussion Leaders:  
Kanga Morgan

This class was cancelled due to low enrollment. Members were notified via email.

This four-class series will be a fascinating journey looking at film as a form of literature.

Participants will enjoy critically watching films on Netflix and analyzing these, much like they would critique a novel. They can become a film critic on assignment by choosing a film from the list provided and developing questions to evaluate various aspects of the movie. They critique the movie by leading a discussion on plot, social relevance, theme, symbol, metaphors, setting, character analysis, actors and their acting, music, director, and the impact of worldviews on cinematic content.

AH 105  
Format D  
**Zoom link sent via email to  
enrolled members**

## FILM AS A LITERARY FORM

Wednesday, March 1  
1:30 PM - 3:30 PM

Discussion Leaders:  
Yasmin Vali

SC 203

This lecture will discuss the use of

Format B/C

## **LIVING WELL: Benefits of Intermittent Fasting for Mature Adults in the Prevention and Treatment of Diseases and Assistance with Anti-Aging**

**Thursday, March 2  
10:00 AM - 12:00 AM**

**Instructor: Charles  
Blumberg, M.D. Board  
Certified Internal Medicine,  
UCI Health**

intermittent and prolonged fasting as a tool for improving health and will include the benefits of anti-aging and treating diseases such as diabetes.

Basic physiology, as well as specific applications such as weight loss and additional disease prevention, will be covered.

How can we work with our body and mind to foster good health and well-being?

In what ways does stress affect our health?

Can we learn to develop our inner resources and let go of anxiety, fear, and depression?

What are the ancient wisdom healing traditions and the most recent discoveries of neuroscience telling us about the enormous potential we all have to overcome physical and emotional challenges?

In this workshop, you will learn powerful practices for self-care that you can integrate into your daily life.

**SS 302  
Format B/C**

## **SELF-CARE: 9 Vital Practices for Resilience and Well Being (Session 2 of 3)**

**Friday, March 3  
10:00 AM - 12:00 AM**

**Instructor:  
Dr. Amelia Barili, Ph.D.  
UC Berkeley**

## **NEW CLASS Next week:**

**AH 115**

This class offers glimpses into the creativity of three women pianists in the nineteenth and twentieth centuries: Clara Schumann (1819–1896), Teresa Carreño (1853–1917), and Amy Beach (1867–1944). It focuses on

Format B/C  
POP UP CLASS  
(Not in catalog)

## WOMEN AT THE PIANO 1848-1970

Monday, March 6  
1:30 PM - 3:30 AM

Instructor:  
Dr. Joe Davies

how the piano afforded these figures a means of artistic agency, especially in terms of loss and renewal, during their international careers. The presentation features live illustrations by UCI music students Shivangi Simona Cancean, Kyle Le, and Minami Suda.

This presentation is part of the International Conference ***Women at the Piano 1848–1970*** that will be held March 16th – 19<sup>th</sup>, 2023 at UCI.

Presenter: Dr. Joe Davies, is the Marie Skłodowska-Curie Global Fellow, Clair Trevor School of the Arts, in Music at UCI



# IMPORTANT CLASS NOTICES

AH 103  
Format D  
**CANCELLED**

## INTERNATIONAL SHORT STORIES

Monday, February 27  
1:30 PM - 3:30 PM

Discussion Leaders:  
Kanga Morgan

## **CANCELLED**

This class was cancelled due to low enrollment. Members were notified via email.

### **JOIN US FOR A NEW CLASS:**

This class offers glimpses into the creativity of three women pianists in the nineteenth and twentieth centuries: Clara Schumann (1819–1896), Teresa Carreño (1853–1917), and Amy Beach (1867–1944). It focuses on how the piano afforded these figures a means of

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## PIANO 1848-1970

Monday, March 6  
1:30 PM - 3:30 AM

Instructor:  
Dr. Joe Davies

## UCI COVID-19 VACCINATION POLICY



### OLLI at UCI COVID-19 VACCINATION REQUIREMENT

- OLLI will continue to ask members to provide proof of COVID-19 vaccination at the first class meeting or special event a member attends.
- To view UCI's Vaccination Policy, click [here](#).
- If a member (or guest) is not vaccinated, OLLI requests that they attend class online.

To add your digital State of California COVID-19 vaccination record to your phone, fill out the following form: <https://myvaccinerecord.cdph.ca.gov>

## UCI COVID-19 MASK POLICY

### From the UCI Campus Public Health Response Team:

Face coverings will continue to be recommended indoors, but not required, regardless of vaccination status consistent with current [California Department of Public Health \(CDPH\)](#) guidance on the use of face masks in California. Therefore, individuals should feel free to continue to wear face coverings if they desire.



- OLLI at UCI will continue to provide face coverings to those that request one.

For the latest COVID-19 information, please continue to visit the [UCI Forward website](#). Thank you for your ongoing compliance with COVID-19 protocols to help with campus health and well-being.



# CONTACTING US



## OLLI at UCI

Office hours: 9:00am - 4:00pm

[Irvine Train Station](#)  
[15207 Barranca Pkwy](#)  
[Irvine, CA 92618](#)

Phone: 949-451-1403

Email: [olli@uci.edu](mailto:olli@uci.edu)

Website: [ce.uci.edu/olli](http://ce.uci.edu/olli)

VISIT US ON FACEBOOK

