

Monday, October 24, 2022

Greetings OLLI Members!

Fall is in the air and our Special Events are around the corner!

Click on the images below to learn more and register! Note for



Director's Voice I: Romeo & Juliet - phone registration closes October 27th at 4:00pm; online registration closes October 30th.

Guests are welcome at our Special Events! To register a guest, call student services at: 949-824-5414 Monday through Thursday, 9:00am – 4:00pm

We're looking forward to seeing you in the classroom or online. Have a wonderful week ahead!

Warmly,

OLLI at UCI

FANTASTIC FEEDBACK from OLLI Members

- "This is one of the best classes I have taken during my undergraduate and graduate days, and more recently at other OLLI and senior learning programs. This course offered a topic that is so critically important, and Professor AI-Bulushi is extremely articulate. The visual aids used in conjunction with his oral presentation clarified a complex topic. I hope that he can offer more of his research on this topic in the future."
 - OLLI member in response to: Racial Capitalism

SPOTLIGHT ON UPCOMING SPECIAL EVENTS

(Click on the image to learn more & register!)





SE 411 Saturday, November 5; 10:00 AM - 12:00 PM Cost: \$0

This workshop is a must for families seeking a better and healthier future for their children. Grandparents and parents should attend to learn how kids' social and emotional neurology can supercharge their academic success, boost their mental health, and position them for lifelong happiness and success.

Stop the bickering and enjoy better relationships Get cooperation and resolve behavior struggles Boost your child's brain power with simple tools to help you AND your kids think and feel better Recognize learning differences Learn how to raise smart, confident kids and have fun doing it!

MUSEUM OF MAKING MUSIC

SE 408

Cost: \$80

nia, Irvine

Wednesday, November 9

9:00 AM - 3:00 PM

Jazz, Folk, Rock & Roll, Marches and more. This unique venue takes you to a whole new level of music appreciation by celebrating the people who make the instruments that make the music and the artists who use them. Sounds of familiar tunes stir memories as you explore galleries that tell stories of how and why instruments of multiple eras came about and how they sound in the hands of masters. Hold them in your own hands and imagine...

Lunch and shopping on your own at Carlsbad Outlets on return.

SE 412 Director's Voice I:

ROMEO&

Written by William Shakespeare Directed by Andrew Borba Efren Delgadillo Jr., scenic design Holly Poe Durbin, costume design Jacqueline Malenke, lighting design Theresa Ramos, sound design SE 412 Sunday, November 13 1:00 PM – 4:30 PM UCI Irvine Barclay Theatre \$22 (includes matinee ticket)

UCI Drama presents Shakespeare's most remarkable love story of all time, Romeo and Juliet. Set amidst two feuding families in the modern city of Verona, young Romeo (a Montague) and Juliet (a Capulet) are both searching for something more meaningful in their lives. In finding each other, they discover a love that has the power to heal their entire world.



Director's Voice II: The Biddy Mason Story

Sunday, December 4 1:00 PM – 4:00 PM UCI Contemporary Arts Center \$18 (Includes matinee ticket)



It is 1850 Los Angeles, and the birth of the Pueblo of Los Angeles is helped along by Biddy Mason, a former Mississippi slave and midwife who walks to California behind a wagon train and becomes a healing force in the wild west. "Auntie Mason" becomes a person to be reckoned with: a businesswoman and entrepreneur whose perseverance and commitment as a healer of bodies and souls ensures that her spirit lives on in the City of Angels. Based on a true story.



OLLI at UCI members have many opportunities to volunteer within our OLLI community!

We are a member-driven organization of enthusiastic lifelong learners. With vibrant minds and unbounded curiosity, we discover, share, and build social connections with like-minded individuals in a rich learning culture.

If you are interested in learning more, email: olli@uci.edu



Next Facilitator Training:

• October 25 at 10:00 or the 26th at 12:15

RSVP with Carolyn Brothers at: cbdancer@aol.com

Board of Director Open Positions:

- Secretary
- VP, Operations
- VP, Programs
- VP, Member Services
- VP, Marketing

Member Volunteer Open Positions:

- Social Science Chair
- Social Science Co-Chair
- STEM Co-Chair
- STEM Co-Editor
- Committee Members
- Class Facilitators
- Library Coordinator



To view online classes, you will need to create an account for the <u>ORLC</u>. If you have not received your OLLI Membership ID, please email: <u>olli@uci.edu</u>.

If you already created an account for the <u>ORLC</u>, you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: <u>olli@uci.edu</u>.

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



Upcoming Classes

CLASS FORMAT LEGEND:

A: Classroom ONLY (Presenter and Audience attend in person) B/C: Hybrid with Presenter in person or via Zoom (Audience attend in person or via Zoom)

D: Zoom ONLY (Presenter and Audience attend via Zoom)

Calendar at a Glance

| Monday 10/24 | Tuesday 10/25 | Wednesday 10/26 | Thursday 10/27 | Friday 10/28 |
|--|------------------|---|-------------------|---|
| 10:00 AM AH 108 Format A CLOSED | <u>9:00 AM</u> | <u>10:00 AM</u> SC 206 Format B/C | <u>10:00 AM</u> | <u>10:00 AM</u> SC 207 Format B/C |
| <u>1:00 PM</u> AH 106 Format A CLOSED | <u>1:00 PM</u> | <u>1:00 PM</u> | <u>1:00 PM</u> | <u>1:00 PM</u> SS 306 Format B/C |

Class Descriptions

AH 108 Format A CLOSED

WORLD'S RELIGIONS STUDY: CHRISTIANITY

Monday, October 24 10:00 AM - 12:00 PM

Discussion Leader: Elfie Glaubitt Closed to new enrollment and walk-ins.

This four-session class is the last of our interactive studies in exploring the essential elements and teachings of the world's predominant faiths.

This semester we will study Christianity and Primal religions. Participants will read the text before class and we will share our understanding in class with the help of questions developed from the textbook.

The textbook is The World's Religions by Huston Smith, available new or used at Amazon.com

This six-class series is a fun, interactive adventure in reading and discussing renowned American short stories.

AH 106 Format A CLOSED Participants choose a favorite story from the text, develop questions, and lead the discussion. Guidance for developing discussion questions and sample questions will be available.

The textbook is The Scribner Anthology of Contemporary Short Fiction (2nd Edition), edited by Lex Williford and Michael Martone, available on Amazon in paperback and as an e-book.

AMERICAN SHORT STORY MASTERPIECES

Monday, October 24 1:00 PM - 3:00 PM

Discussion Leader: Susan Fouts

SC 206 Format B/C

ENERGIZING THE ADULT BRAIN

Wednesday, October 26 10:00 AM - 12:00 PM

Presenter: Susanne Jaeggi, Ph.D., Professor in Education and Cognitive Science, Director, Working Memory and Plasticity Lab, UCI Dr. Jaeggi's research has been dedicated to understanding how experiences and environmental factors can impact learning across the lifespan. Her research demonstrates that brain plasticity can be promoted through certain interventions, which can lead to long-lasting real-world benefits.

She will focus on interventions that have been created to foster cognitive and brain health in aging. Boundary conditions and individual differences can impact these benefits. Emphasizing focus on individual differences provides important insights to inform the development of more effective interventions to promote brain health.

She will discuss the implications of the findings for learning and plasticity as we age.

Non-alcoholic fatty liver disease (NAFLD) is now the most common chronic liver disease, and is associated with diabetes, being overweight, hyperlipidemia, and metabolic syndrome.

NAFLD can cause active liver injury and even cirrhosis, and early diagnosis is important to prevent disease progression.

SC 207 Format B/C

LIVING WELL: Non-Alcoholic Fatty Liver Disease

Friday, October 28

Many clinical trials are going on to test new drugs for this common liver disease.

10:00 AM - 12:00 PM

Presenter:

SS 306 Format B/C

EUROPEAN HISTORY SERIES: ROMAN EMPIRE

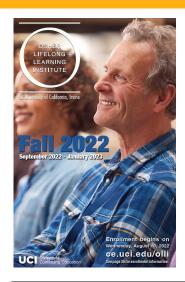
Friday, October 28 1:00 PM - 3:00 PM

Presenter: Rainer Feldt, taught European history at Saddleback College for 16 years and has served as an AP European History grader for the College Board. This course will examine the era of the Romans and how their contributions changed the world.

Topics:

- The Etruscans, the rise of Rome
- The Roman Republic, the Punic Wars
- The Roman Empire, the Caesars
- The development of Christianity
- The fall of Rome, The Byzantine Empire





The Fall 2022 digital catalog pdf has been updated with all course corrections and is the most up-to-date way to view our classes.

To view the online catalog, click here.

To send a catalog to a friend, clickhere.

Don't forget that you can bring a friend with our **One-Bring-One** guest pass and if they become a member, then you are eligible for our **One-Enroll-One \$25 gift** card of appreciation! Inquire at: <u>olli@uci.edu</u>.

SS 314 More To Life Than More CANCELLED

This class was a mistake in the catalog and was cancelled before the catalog went to print, but the calendar section was not updated. We apologize for the typo.

The correct SS 314 is Russia & the Russians, which is still scheduled for Monday, November 28th from 10:00 AM - 12:00 PM.

AH 111 Evocative Music: Music that Evokes a Sensory Experience 3RD SESSION ADDED

Third session added: Wednesday, December 21, 10:00 AM - 12:15 PM. All enrolled members and guests have been notified via email.

UCI COVID-19 VACCINATION POLICY

OLLI at UCI COVID-19 VACCINATION REQUIREMENT

• OLLI will continue to ask members to provide proof of COVID-19 vaccination at the first class meeting or special event a member attends.



- To view UCI's Vaccination Policy, click here.
- If a member (or guest) is not vaccinated, OLLI requests that they attend class online.

To add your digital State of California COVID-19 vaccination record to your phone, fill out the following form: <u>https://myvaccinerecord.cdph.ca.gov</u>

UCI COVID-19 MASK POLICY



From the Director of UCI Campus Public Health Response Team, David Souleles:

Face coverings will continue to be recommended indoors, but not required, regardless of vaccination status consistent with current <u>California Department</u>

of Public Health (CDPH) guidance on the use of face masks in California. Therefore, individuals should feel free to continue to wear face coverings if they desire.

While the indoor face covering requirement is being lifted, the campus will maintain a number of our prevention and surveillance efforts to help control the spread of COVID-19.

• OLLI at UCI will continue to provide face coverings to those that request one.

For the latest COVID-19 information, please continue to visit the<u>UCI Forward</u> <u>website</u>. Thank you for your ongoing compliance with COVID-19 protocols to help with campus health and well-being.

CONTACTING US



OLLI at UCI

Office hours: 9:00am - 4:00pm

Irvine Train Station 15207 Barranca Pkwy Irvine, CA 92618

Phone: 949-451-1403 Email: <u>olli@uci.edu</u> Website: <u>ce.uci.edu/olli</u>

VISIT US ON FACEBOOK

