

KIT MAIL (Keep in Touch)

From OLLI at UCI



FALL 2022

at University of California, Irvine

Monday, October 31, 2022

Happy Halloween OLLI!

Your Board of Director's placed sweet treats on the tables in our classroom. Please enjoy!



We have a wonderful month of classes ahead and look forward to seeing you in the classroom or online!

Warmly,

OLLI at UCI

FANTASTIC FEEDBACK from OLLI Members

- **"I never knew that T-cells held such an important role. Very interesting! Thank you!"**
 - *OLLI member in response to: Living Well Non-Alcoholic Fatty Liver Disease*
- **"Engaging speaker, good communication skills, appropriate level of content."**
 - *OLLI member in response to: Energizing the Adult Brain*
- **"Fascinating, stimulating, and most importantly MOTIVATING!"**
 - *OLLI member in response to: Energizing the Adult Brain*

SPOTLIGHT ON UPCOMING SPECIAL EVENTS

(Click on the image to learn more & register!)



at University of California, Irvine

Director's Voice II: The Biddy Mason Story

SE 413

Sunday, December 4

1:00 PM – 4:00 PM

UCI Contemporary Arts Center

\$18 (Includes matinee ticket)



Created in collaboration by
Annie Loui and Dana Johnson
Directed by Annie Loui
Dramaturg: H. Adam

It is 1850 Los Angeles, and the birth of the Pueblo of Los Angeles is helped along by Biddy Mason, a former Mississippi slave and midwife who walks to California behind a wagon train and becomes a healing force in the wild west. "Auntie Mason" becomes a person to be reckoned with: a businesswoman and entrepreneur whose perseverance and commitment as a healer of bodies and souls ensures that her spirit lives on in the City of Angels. Based on a true story.



at University of California, Irvine

PETERSEN AUTOMOTIVE MUSEUM

SE 409

Wednesday, December 7

8:00 AM – 4:00 PM

Cost: \$85

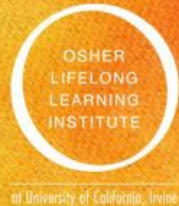


Occupying an entire city block on the Miracle Mile of Los Angeles, The Petersen houses over 500 of the rarest and most memorable automobiles from around the globe. Picture the epochal 1925 "Round Door" Rolls Royce Phantom 1, culturally iconic DeLorean time machine from Back to the Future and first Honda exported to the United States. Explore 25 different galleries including the Discovery Center that immerses you in the science and design of cars. See up close elegant classics from around the world that have pushed the boundaries of innovation for the past 100 years.

OLLI at UCI INFORMATION



Get Involved contribute Give Inspire Teamwork
help connect VOLUNTEER at OLLI New Friendships
community Purpose Make a difference DONATE Service



OLLI at UCI members have many opportunities to volunteer within our OLLI community!

We are a member-driven organization of enthusiastic lifelong learners. With vibrant minds and unbounded curiosity, we discover, share, and build social connections with like-minded individuals in a rich learning culture.

If you are interested in learning more, email: olli@uci.edu

Board of Director Open Positions:

- Secretary
- VP, Operations
- VP, Programs
- VP, Member Services
- VP, Marketing

Member Volunteer Open Positions:

- Social Science Chair
- Social Science Co-Chair
- STEM Co-Chair
- STEM Co-Editor
- Committee Members
- Class Facilitators
- Library Coordinator



To view online classes, you will need to create an account for the [ORLC](#). If you have not received your OLLI Membership ID, please email: olli@uci.edu.

If you already created an account for the [ORLC](#), you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: olli@uci.edu.

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



Upcoming Classes

CLASS FORMAT LEGEND:

A: Classroom ONLY (Presenter and Audience attend in person)

B/C: Hybrid with Presenter in person or via Zoom (Audience attend in person or via Zoom)

D: Zoom ONLY (Presenter and Audience attend via Zoom)

Calendar at a Glance

Monday 10/31	Tuesday 11/1	Wednesday 11/2	Thursday 11/3	Friday 11/4
<u>10:00 AM</u>	<u>10:00 AM</u> AH 109 Format A No Zoom Not recorded	<u>10:00 AM</u> AH 101 Format D CLOSED	<u>10:00 AM</u> AH 110 Format B/C	<u>10:00 AM</u> SC 209 Format B/C
<u>1:00 PM</u> AH 103 Format D CLOSED	<u>1:00 PM</u> SS 312 Format B/C	<u>1:30 PM</u> SC 208 Format B/C	<u>1:30 PM</u> AH 104 Format A CLOSED	<u>1:00 PM</u> SS 306 Format B/C

Class Descriptions

AH 103
Format D
CLOSED
CONTEMPORARY
INTERNATIONAL

This six-session class is an interactive adventure in reading and discussing works by acclaimed short story writers from around the world. Class volunteers select a story from the text or PDF from the internet, develop questions and lead

SHORT STORIES

Monday, October 31
1:00 PM - 3:00 PM

Discussion Leader:
Kanga Morgan

the discussion.

The textbook is One World; a Global Anthology of Short Stories published in May 2009, and available in paper and Kindle, at Amazon.com. "All belong to one world, united in their diversity and ethnicity. And together they have one aim: to involve and move the reader." Be sure to purchase the May 2009 edition, not the more recent one.

Atmosphere and mystery are compelling components in telling a story about an artist's subject and skilled portrait painters are adept at creating both.

Renowned artist Jeffrey Horn will describe this creative process with selected portraits from his acclaimed book, In Our Eyes, In Our Words, which won the Independent Publisher's Book Award Gold Medal for Best Art Book 2019.

He will discuss his experiences of drawing the homeless and documenting their individual stories. Jeff will also draw a charcoal portrait of an OLLI attendee.

AH 109

Format A

No Zoom - In class only
Not recorded

PORTRAITURE PAINTING: A Window to the Soul

Tuesday, November 1
10:00 AM - 12:00 PM

Presenter:

**Jeffrey Horn, Professor
Emeritus of Drawing
and Painting at Irvine
Valley College**

SS 312

Format B/C

HAPPINESS 101: Pursuing Happiness in Challenging Times (Session 1 of 2)

Tuesday, November 1
1:00 AM - 3:00 PM



This class will explore the concept of happiness from the perspectives of ancient philosophers, indigenous cultures and contemporary psychologists and philosophers.

Happiness is a complex value with cultural, religious, ethnic, social, and interpersonal dimensions. Class attendees will discuss their own definitions of happiness.

Presenter:
Mel Roth, MSW, San Diego State University.
Guest Lecturer, Osher Lifelong Learning Institute at UCI

Please join Mel as he takes us on a happiness journey, exploring happiness ideas and philosophies from ancient times to the 21st Century.

Together, we will explore the roles that the following play in the experience of happiness: age, gender, health, marriage, religion, wealth, education, ethnicity and social status.

Finally, we will examine what values, thoughts, and general behaviors enhance personal happiness. The general premise is that the achievement of happiness is a combination of chance, random circumstances, and deliberate personal choices.

Warning: You may leave the class session feeling happier than when you entered!

This warm, supportive class is where you can begin writing down the stories of your life. Share yours and listen to the stories of others in the group.

For those with the goal of creating books to share, you will have an opportunity to learn more about design and printing.

This workshop involves a commitment to attend regularly and write two-page story every two weeks.

AH 103
Format D
CLOSED

WRITING LIFE STORIES

Wednesday, Nov. 2
10:00 AM - 12:00 PM

Discussion Leader:
Tim Boyd, B.S.
Communications,
Indiana State
University; Lifetime
Teaching Credential,
Chapman College; M.S.
Counseling, CSUF

SC 208
Format B/C

REGENERATIVE MEDICINE AMPLIFIES

Regenerative medicine uses tissue engineering, cellular therapies, and medical devices to replace organ tissue damaged by disease, trauma, or congenital issues.

In so doing it addresses the root cause of the problem instead of the clinical

NATURAL HEALING

Wednesday, Nov. 2
1:30 PM - 3:30 PM

Presenter:
Shounuck Patel, D.O.,
The Patel Center for
Functional
Regeneration

symptoms.

Functional regeneration treatment options will be discussed for non-surgical sports and spine orthopedics, physical medicine and rehabilitation, and pain management.

Specific examples include ligament injuries, whiplash, and hypermobility.

Thursday, November 3:

Music with a Passion. Meredith Cheston presents the lives and compositions of Isaac Albeniz, Manuel De Falla, Enrique Granados, Joaquin Rodrigo, Francisco Tarrega, and Pablo de Sarasate with lecture and video clips and explores the music of Andres Segovia and Pablo Casals.

AH 110
Format A

MUSIC, ART, & LITERATURE OF SPAIN (Session 1 of 3)

Monday, November 3
10:00 AM - 12:00 PM

Presenters:
Meredith Cheston
Jackie Powell
Dr. Luis Aviles

AH 104
Format A
CLOSED

BRUSHING UP YOUR SHAKESPEARE

Thursday, November 3
1:30 PM - 3:30 PM

Discussion Leader:

Almost 400 years from publication of Shakespeare's First Folio in 1623, Shakespeare's plays remain a staple in education curriculum and theatre productions.

Join this interactive group in reading aloud two plays of our choosing, discussing the characters, plot and major themes.

Woven within this interactive reading will be a discussion of the political and social environment of the period.

Drought expresses some of the worst effects that climate change has wrought on southern California.

What defines a drought? Haven't we had these before? How broad of an impact does it have? How long will these events last? Is this our climate future? These topics will be presented with basic science used as input.

Much new information exists from governmental, academia, and media, yet nothing defines "drought" for us as much as the surroundings that tell us something is wrong and getting worse.

On the positive side, many efforts are underway to minimize the impact, while scientists are also working to address the cause of the problems. What can we do to help?

SC 209
Format B/C

**CALIFORNIA
DROUGHT:
Definitions,
Impacts, and
Future**

Friday, November 4
10:00 AM - 12:00 PM

Presenter:
Gary Oberts, Geologist

SS 306
Format B/C

**EUROPEAN
HISTORY SERIES:
ROMAN EMPIRE
(Session 4 of 5)**

Friday, November 4
1:00 PM - 3:00 PM

Presenter: Rainer Feldt,
taught European
history at Saddleback
College for 16 years
and has served as an
AP European History
grader for the College

This course will examine the era of the Romans and how their contributions changed the world.

Topics:

- The Etruscans, the rise of Rome
- The Roman Republic, the Punic Wars
- The Roman Empire, the Caesars
- The development of Christianity
- The fall of Rome, The Byzantine Empire

IMPORTANT CLASS NOTICES



The Fall 2022 digital catalog pdf has been updated with all course corrections and is the most up-to-date way to view our classes.

To view the online catalog, click [here](#).

To send a catalog to a friend, click [here](#).

Don't forget that you can bring a friend with our **One-Bring-One** guest pass and if they become a member, then you are eligible for our **One-Enroll-One \$25 gift card** of appreciation! Inquire at: olli@uci.edu.

SE 411

Equip Our Kids: The Neuroscience Case for Emotional Intelligence & Social-Emotional Learning

Saturday, November 5, 10:00 AM - 12:00 PM

CANCELLED

This Special Event has been cancelled due to low numbers and the instructor's request. All enrolled members and guest have been notified via email.

SE 408

Museum of Making Music

Wednesday, November 9, 9:00 AM

CANCELLED

This Special Event has been cancelled due to low numbers. All enrolled members and guest have been notified via email.

SS 314

More To Life Than More

Wednesday, November 16, 10:00 AM

CANCELLED

This class was a mistake in the catalog and was cancelled before the catalog went to print, but the calendar section was not updated. We apologize for the typo.

The correct SS 314 is Russia & the Russians, which is still scheduled for Monday, November 28th from 10:00 AM - 12:00 PM.

AH 111

Evocative Music: Music that Evokes a Sensory Experience

Wednesdays November 30, December 14, 21, 10:00 AM - 12:15 PM

3RD SESSION ADDED

Third session added: Wednesday, December 21, 10:00 AM - 12:15 PM. All enrolled members and guests have been notified via email.

UCI COVID-19 VACCINATION POLICY

OLLI at UCI COVID-19 VACCINATION REQUIREMENT

- OLLI will continue to ask members to provide proof of COVID-19 vaccination at the first class meeting or special event a member attends.
- To view UCI's Vaccination Policy, click [here](#).
- If a member (or guest) is not vaccinated, OLLI requests that they attend class online.



To add your digital State of California COVID-19 vaccination record to your phone, fill out the following form: <https://myvaccinerecord.cdph.ca.gov>

UCI COVID-19 MASK POLICY



**From the Director of UCI
Campus Public Health
Response Team, David
Souleles:**

Face coverings will continue to be recommended indoors, but not required, regardless of vaccination status consistent with current [California Department of Public Health \(CDPH\)](#) guidance on the use of face masks in California. Therefore, individuals should feel free to continue to wear face coverings if they desire.

While the indoor face covering requirement is being lifted, the campus will maintain a number of our prevention and surveillance efforts to help control the spread of COVID-19.

- **OLLI at UCI will continue to provide face coverings to those that request one.**

For the latest COVID-19 information, please continue to visit the [UCI Forward website](#). Thank you for your ongoing compliance with COVID-19 protocols to help with campus health and well-being.

CONTACTING US



OLLI at UCI

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VISIT US ON FACEBOOK

