

WINTER



at University of California, Irvine

KIT MAIL (Keep in Touch)

From OLLI at UCI

Monday, January 29, 2023



Greetings to All,

Our Curriculum Teams have done an outstanding job in developing an exciting and interesting lineup of Classes and Special Events. As of catalog deadline there are 47 Classes and 12 Special Events. Prepare yourself to be engaged and absorbed in ideas from an

impressive group of speakers.

Allow yourself to be inspired. Most of all, take pride in our shared dedication to the power and pleasure of lifelong learning.

Give us your time - we will stimulate your mind.

Stay curious!

Lonnie Horn
President, OLLI at UCI

Spring 2024 Registration Information:

Registration for Spring 2024 opens this Wednesday, January 31st at 7:00 AM online; 9:00 AM by phone.

- For registration information, click [here](#).

- To view the Spring catalog online, click [here](#).
 - To send a Spring catalog to a friend, click [here](#).
-

Save the dates:

- **Spring Open House** - Monday, February 5th; 10:00 AM. Bring a friend!
- **New Member Orientation** - Wednesday, February 14th; 10:00 AM
- **Spring Morning Mingles - 9:30 AM - 10:00 AM**
 - Friday, February 16
 - Wednesday, February 21
 - Tuesday, March 5
- **Spring Social Hours - 3:30 PM - 5:00 PM**
 - Wednesday, March 13
 - Wednesday, April 17
 - Tuesday, May 7

OLLI at UCI SPECIAL EVENTS FANTASTIC FEEDBACK

Special Events are open to non-members, too, so invite your friends!
Check out our Spring 2024 Special Events, [here](#).

- **"Very impressive young woman who shared the skies with us."**
 - *OLLI Members in response to: SE 410 Orange County Planetarium 2023: A Space Odyssey*
- **"The tour of the O.C. Crime Lab far exceeded my expectations. It was so informative and interesting to know how they operate. Highly recommend to anyone."**
 - *OLLI Members in response to:*
- **"More of this. A gorgeous display."**
 - *OLLI Members in response to: SE 401 Sherman Gardens*

SPRING 2024 UPCOMING CLASSES and EVENTS at OLLI (Click on the image to register)

Welcome to the Spring 2024 semester at OLLI!

The Board is excited to kick off our Spring 2024 semester with our OLLI member appreciation

Morning Mingles!

We'll be having coffee and pastries at **9:30 AM** before the following classes:

- Friday, February 16:
SS 301 Protecting Yourself Against Fraud
- Wednesday, February 21:
AH 103 Film As A Form of Literature
- Tuesday, March 5:
SC 203 What Is Qigong?



Protecting Yourself From Fraud and Scams
SS 301
 Friday, February 16
 10:00 AM – 12:00 PM

We are constantly at risk from fraudsters and scam artists. This course will highlight the latest schemes and help you to protect yourself. Information will be forthcoming from Orange County Sheriffs and representatives of the FBI. The Presenter is head of Fraud Management at Schools First Federal Credit Union.

Presenter: John Palmer has over 5 years serving as head of Security and Fraud management in Orange County.

Film As A Form of Literature
AH 103
 Wednesdays, February 21, March 6, 13, 20
 10:00 AM – 12:00 PM

This four-class series is a fascinating journey into film as a form of literature. Participants will watch films on Netflix from the list provided and analyze these, as if critiquing a novel. Each participant will bring questions for discussion. Some topics for discussion are plot, social relevance, theme, symbol, setting, character analysis, actors and their acting, music, director, and the impact of worldviews on cinematic content.

Presenter/Developer: Yasmin Vali, published author, retired High School English teacher, retired instructor UCI-DCE.

What is Qigong?
SC 203
 Tuesday, March 5
 10:00 AM – 12:00 PM

Qigong (Chi Gong) means "Energy Cultivation" referring to a series of specific gentle movements synchronized with your breath to improve overall health and wellbeing. The goal of Qigong is to increase the level of Qi (energy) life force in the body while achieving a harmonious state of openness and balance. Karl Ardo has taught Tai Chi and Qigong, most notably at Martial Art of America in Columbia (1997), and World Martial Art (1994-1996). He is certified as a Medical Qigong Instructor and trains in Structural Energy Balancing.

Presenter: Karl Ardo, Trainer and Founder, Moving in Stillness School

Yakult Yogurt Factory Tour
SE 401
 Thursday, February 29
 10:00 AM – 11:30 AM
 Cost: \$25

There are good bacteria and the bad kind. Probiotics are the friendly stuff with a long history in different forms. The crew at the Yakult Factory is eager to explain the difference and how they make their own brand of probiotic drink in what may be the fastest growing category of nutritional supplements.

Tour their state-of-the-art facility and see the major steps in the manufacturing process starting with the green room that makes the Yakult drink in four stages. End in the pink rooms that fill, label and seal every hour 40,000 of their own small iconic bottles also made here. Enjoy your drink.

Developer: Sherri Nussbaum

OLLI AT UCI MEMBERSHIP STATUS



Watch our membership **GROW**

Membership dues and distributions from the Osher endowment are our two major sources of income. We need to reach 500 members this year to retain our Osher Endowment.

Our current membership for Fall 2023 is at 353 members. With our Spring 2024 semester starting soon, we encourage you to invite family and friends to

join us for a free class, as word of mouth is by far our best source of new members!



To view online classes, you will need to create an account for the [ORLC](#). If you have not received your OLLI Membership ID, please email: olli@uci.edu.

If you already created an account for the [ORLC](#), you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: olli@uci.edu.

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



Calendar at a Glance

Monday 1/29	Tuesday 1/30	Wednesday 1/31	Thursday 2/1	Friday 2/2
10:00 AM	10:00 AM	9:00 AM Spring Registration Opens!	10:00 AM	10:00 AM
1:30 PM	1:30 PM	6:30 PM SE 413 Full	1:30 PM	1:30 PM

Upcoming Classes

CLASS FORMAT LEGEND:

A: Classroom ONLY (Presenter and Audience attend in person)

B/C: Hybrid with Presenter in person or via Zoom (Audience attend in person or via Zoom)

D: Zoom ONLY (Presenter and Audience attend via Zoom)

Upcoming Class Descriptions

To view our Spring 2024 catalog of courses click [here](#). We look forward to seeing you in person or online via Zoom! Stay Curious!

Monday, January 29th

No Scheduled Classes.

Tuesday, January 30th

No classes scheduled today.

Wednesday, January 31st



SPRING 2024 REGISTRATION OPENS!

Wednesday, January 31

**7:00 AM Online
9:00 AM By Phone**

- For registration information, click [here](#).
- To view the Spring catalog online, click [here](#).

SE 413
Full

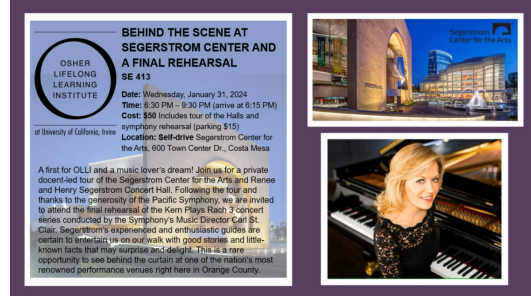
BEHIND THE SCENE

AT SEGERSTROM AND A FINAL REHEARSAL

Wednesday, January 31
6:30 PM - 9:30 PM

Developers: Tani Welsh 714-262-
8055 taniwelsh@gmail.com

Mary Lou Solid
emlou1013@gmail.com



BEHIND THE SCENE AT SEGERSTROM CENTER AND A FINAL REHEARSAL
SE 413
Date: Wednesday, January 31, 2024
Time: 6:30 PM - 9:30 PM (arrive at 6:15 PM)
Cost: \$50 includes tour of the Halls and symphony rehearsal (parking \$10)
Location: Self-drive Segerstrom Center for the Arts, 600 Town Center Dr., Costa Mesa

A first for OLLI and a music lover's dream! Join us for a private docent-led tour of the Segerstrom Center for the Arts and Renee and Henry Segerstrom Concert Hall. Following the tour and thanks to the generosity of the Pacific Symphony, we are invited to attend the final rehearsal of the Kern Plays Rach 3 concert series conducted by the Symphony's Music Director Carl St. Clair. Segerstrom's experienced and enthusiastic guides are certain to entertain us on our walk with good stories and little-known facts that may surprise and delight. This is a rare opportunity to see behind the curtain at one of the nation's most renowned performance venues right here in Orange County.

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Thursday, February 1st

SS 312
Format B/C

CONSTITUTIONAL AMENDMENTS AND THE SUPREME COURT (Session 3 of 3)

Thursday, January 25
10:00 PM - 12:00 PM

Presenter: Mitchell Samuelson,
J.D., is a highly respected attorney

who has appeared before the U.S. and California Supreme Courts. He has extensive experience litigating complex business, commercial and real estate matters and mediating for the Los Angeles and Orange County Superior Courts.

Friday, February 2nd

No classes scheduled today.

Saturday, February 3rd

No classes scheduled today.

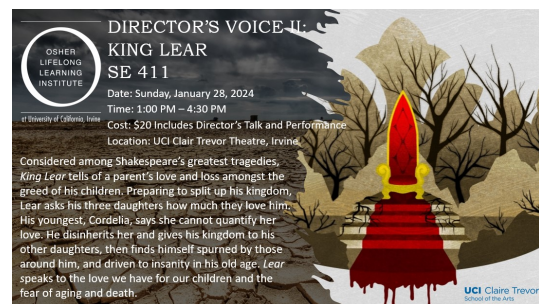
Sunday, February 4th

SE 411
Full

DIRECTOR'S VOICE II: KING LEAR

Sunday, February 4
1:00 PM - 4:30 PM

Facilitator: Susan Fouts 703-599-7420
susanfouts@yahoo.com



Considered among Shakespeare's greatest tragedies, *King Lear* tells of a parent's love and loss amongst the greed of his children.

Preparing to split up his kingdom, Lear asks his three daughters how much they love him. His youngest, Cordelia, says she cannot quantify her love.

He disinherits her and gives his kingdom to his other daughters, then finds himself spurned by those around him, and driven to insanity in his old age. *Lear* speaks to the love we have for our children and the fear of aging and death.

IMPORTANT CLASS NOTICES

No new class notices this week.

Enhance Your
Experience

No supplemental material this week. Please check back next week!

OLLI at UCI
INFORMATION

CONTACTING US



OLLI at UCI

Office hours: 9:00am - 4:00pm

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VISIT US ON FACEBOOK



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