

KIT Mail (Keep in Touch)

From OLLI at UCI
Fall 2023



Monday, November 20, 2023

**We are thankful
for each and
every one of our
members!**



Thank you for choosing OLLI at UCI to Stay Curious!

Thank you for inviting your friends & family and for creating the warm classroom environment that we all have come to love at OLLI!

Thank you to our many volunteers as you share your passion of lifelong learning to lead, teach, develop and facilitate classes!

And, thank you to our newest members for joining us on our journey to cultivate our minds and enhance our lives through educational and social experiences together!

We appreciate you all and wish you a wonderful holiday with your family and friends!

Please note that the OLLI office will be closed this Thursday and Friday for the Thanksgiving holiday.

Warmly,

OLLI at UCI

Save the Date:

- **OLLI Jolly Holiday Party**

Friday, December 8th from 4:00 PM - 6:00 PM
RSVP link will be in next week's KIT Mail!

NOTE: Our upcoming **SC207 Chocolate Chemistry class on Friday, December 1st from 10:00 AM - 12:00 PM** is gonna be the taste of the semester! Please read note from your course developers in the "Enhance Your Experience" below to sweeten your experience! Come explore the secrets of chocolate with Dr. Sheryl Barringer, Professor of Food Science and Technology at Ohio State University, as she shares the science behind storing and cooking with chocolate, and learn why it feels so special and how it gets its taste! Free free to bring a friend for a one-time FREE guest pass!

FANTASTIC FEEDBACK

- **"Loved the mix of science with theory—beautifully presented!"**
 - *OLLI Members in response to: SS309 Self-Care Series: 6 Ancient Healing Practices for Body and Mind*
- **"I find it fascinating how we have heard this music for decades and thought other instruments were making the sounds."**
 - *OLLI Members in response to: AH 112 Weird but Wonderful Instruments in Classical Music*
- **"One of the best courses I have attended. Brought Ed Sullivan alive!!"**
 - *OLLI Members in response to: SS307 Ed Sullivan--His History and Influence on the 20th Century Media*
- **"Best class I've taken. Topic was fascinating. Apryl was a wonderful presenter, knowledgeable and very interesting. Thank you for the new topic."**
 - *OLLI Members in response to: SS308 Forensics*

UPCOMING OLLI at UCI EVENTS

OLLI Jolly Holiday Party!

Friday, December 8th from 4:00 PM - 6:00 PM
RSVP link will be in next week's KIT Mail!

FALL SEMESTER SPECIAL EVENTS

(Click on the Special Events images to register)

ORANGE COAST COLLEGE PLANETARIUM 2023:

A Space Odyssey

SE 410

Date: Wednesday, December 13

Time: 11:00 AM - 1:00 PM

Cost: \$25 Plus parking.

Location: Self-drive to Orange Coast College, Costa Mesa



AT UNIVERSITY OF CALIFORNIA, IRVINE



A guide takes us through images of mysterious other worlds that share our solar system.

Immerse yourself in faraway constellations, star clusters and other wonders of the universe at the new Orange Coast College state-of-the-art Planetarium.

Bounce around the surface of the moon. See an astronaut's eye-view of the earth as it changes by the minute.

A 70-foot diameter dome in the heart of the campus peeks out from the center of the galaxy mimicking the Milky Way. Look up and touch the cosmos right here in Orange County.

OLD ORANGE COUNTY COURTHOUSE: Court is in Session

SE 403

Date: Friday, December 15

Time: 10:00 AM – 12:00 PM

Cost: \$25

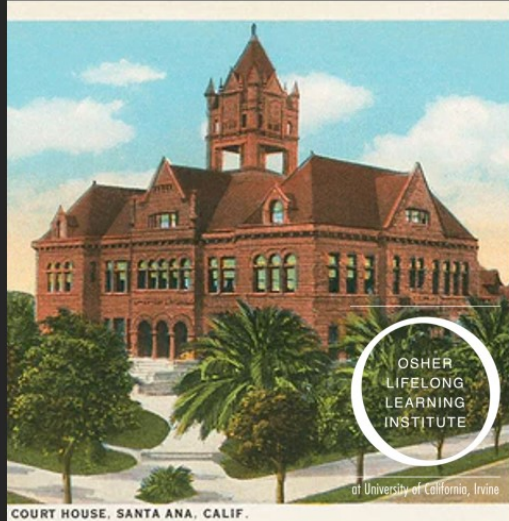
Location: Self-drive to

Old Orange County Courthouse

211 W. Santa Ana Boulevard, Santa Ana, CA 92701



It started out as a jail. It's a museum now and you can get married here too. The Old Orange County Courthouse built in 1901 of granite and red sandstone is an eye-popping example of Renaissance-Revival architecture in the Santa Ana Historical District. Completely restored in 1992 to look as it did at the turn of the century, archives highlight events and court proceedings that shaped Orange County's early history. A docent leads us through the storied old building that is part of our local heritage. Enjoy lunch on your own in Old Santa Ana.



COURT HOUSE, SANTA ANA, CALIF.

at University of California, Irvine

BEHIND THE SCENE AT SEGERSTROM CENTER AND A FINAL REHEARSAL

SE 413

Date: Wednesday, January 31, 2024

Time: 6:30 PM – 9:30 PM (arrive at 6:15 PM)

Cost: \$50 Includes tour of the Halls and symphony rehearsal (parking \$15)

Location: Self-drive Segerstrom Center for the Arts, 600 Town Center Dr., Costa Mesa



at University of California, Irvine

A first for OLLI and a music lover's dream! Join us for a private docent-led tour of the Segerstrom Center for the Arts and Renee and Henry Segerstrom Concert Hall. Following the tour and thanks to the generosity of the Pacific Symphony, we are invited to attend the final rehearsal of the Kern Plays Rach 3 concert series conducted by the Symphony's Music Director Carl St. Clair. Segerstrom's experienced and enthusiastic guides are certain to entertain us on our walk with good stories and little-known facts that may surprise and delight. This is a rare opportunity to see behind the curtain at one of the nation's most renowned performance venues right here in Orange County.





at University of California, Irvine

OLLI Remote Learning Center

To view online classes, you will need to create an account for the [ORLC](#). If you have not received your OLLI Membership ID, please email: olli@uci.edu.

If you already created an account for the [ORLC](#), you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: olli@uci.edu.

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



WEEKLY SCHEDULE

Calendar at a Glance

Monday 11/20	Tuesday 11/21	Wednesday 11/22	Thursday 11/23	Friday 11/24
<u>10:15 AM</u> SE 414 Full	<u>10:00 AM</u> SS 310 CANCELLED	<u>10:30 AM</u>	<u>10:00 AM</u> OLLI Office Closed	<u>10:00 AM</u> OLLI Office Closed
			Happy Thanksgiving!	
<u>1:30 PM</u>	<u>1:30 PM</u> SS 309 FORMAT B/C	<u>1:30 PM</u>	<u>1:30 PM</u>	<u>1:30 PM</u>

Upcoming Classes

CLASS FORMAT LEGEND:

A: Classroom ONLY (Presenter and Audience attend in person)

B/C: Hybrid with Presenter in person or via Zoom (Audience attend in person or via Zoom)

D: Zoom ONLY (Presenter and Audience attend via Zoom)

Upcoming Class Descriptions

To view our Fall 2023 catalog of courses click [here](#). We look forward to seeing you in person or online via Zoom! Stay Curious!

Monday, November 20th

SE 414

Full

All registered members and guest received and email with event details.

ORANGE COUNTY LANDFILL (Session 2)

**Monday, November 20
10:15 AM - 12:00 PM**

**Developer: Lonnie Horn 949-701-
2037**

mail4lonnie@aol.com

Orange County Waste & Recycling takes all that icky stuff and gives it back in ways that protect and enhance our environment. Engineers and biologists will lead us on a tour that uncovers the mystery of operating one of the largest landfills in the United States.

Learn how landfill gas is converted to green energy. See the habitat restoration area, monitoring of groundwater wells and odor-controlling misting machines. This not just a place where trash goes but a place of extraordinary feats of environmental engineering.

NOTE: There will be another session next semester! Look for this event as a pop-up event in your spring KIT Mail!

Tuesday, November 21st

**SS 310
Format B/C
CANCELLED**

BRAZIL AND THE UNITED STATES SINCE 1500: A Study

NOTE: THIS CLASS WAS CANCELLED AT THE BEGINNING OF THE SEMESTER PER INSTRUCTORS REQUEST.

Enrolled members were notified via email at time of cancellation.

in Contrasts

~~Tuesday, November 21~~

~~10:00 PM - 12:00 PM~~

Presenter: Steven Topik, Professor Emeritus at UC Irvine. An expert on Brazil and coffee, he is a longtime friend and lecturer at OLLI.

SS 309
Format B/C

SELF-CARE SERIES: 6 Ancient Healing Practices for Body and Mind

Tuesday, November 21

1:30 PM - 3:30 PM

(Session 2 of 3)

Presenter: Dr. Amelia Barili, PhD., faculty at UCB OLLI and Berkeley Buddhist Monastery. She teaches Meditation, Self-Care, Volunteering and Cultivating Positive Neuroplasticity.

Visit her website at:

ameliabarili.com

NOTE: Dr. Barili will present remotely from her office at UC Berkely.

How do the latest reports from Neuroscience research confirm what ancient healing wisdom and traditions tell us about the deep connection between our body and mind?

In these sessions we will explore six ancient centering and healing Practices.

Then learn how science explains how our thoughts and emotions influence our health.

These Practices are easy to learn and integrate into our daily life for greater physical and emotional well being.

Wednesday, November 22nd

No classes scheduled

Thursday, November 23rd

OLLI Office Closed

Happy
Thanksgiving!



Friday, November 24th

OLLI Office Closed



IMPORTANT CLASS NOTICES

SE 411
DIRECTOR'S VOICE II: KING LEAR
RESCHEDULED
NEW DATE:
Sunday, February 4, 2024

Due to a schedule change with UCI Clair Trevor School of the Arts, we have rescheduled this event from the original date of Sunday, January 28 to the **new date of Sunday, February 4, 2024.**

SS 310
BRAZIL AND THE UNITED STATES SINCE 1500:
A Study in Contrasts
CANCELLED
Tuesdays, November 14, 21

Due to the instructor's request, this class has been cancelled. Enrolled members were notified via email.



ENHANCE YOUR EXPERIENCE



SC207

CHOCOLATE CHEMISTRY

HOW THE BELOVED TREAT GETS ITS FLAVOR, TEXTURE AND TRICKY REPUTATION AS AN INGREDIENT

Friday, December 1

10:00 AM – 12:00 PM

at University of California, Irvine

HERSHEY
THE HERSHEY COMPANY

GODIVA
Chocolatier

GREEN & BLACK'S
ORGANIC

GHIRARDELLI
CHOCOLATE

Lindt
MASTER CHOCOLATIER
SINCE 1845

SCHARFFEN BERGER
CHOCOLATE MAKER

Dove
Chocolate

Cadbury



SC 207

CHOCOLATE CHEMISTRY: HOW THE BELOVED TREAT GETS ITS FLAVOR, TEXTURE AND TRICKY REPUTATION AS AN INGREDIENT

Presentation by Dr. Sheryl Barringer: December 1, 2023

Who doesn't like chocolate!

Join us in the OLLI classroom or on Zoom, Friday, December 1 from 10:00 AM until noon as we explore the secrets of chocolate.

We will discover the science behind storing and cooking with chocolate, learn why it feels so special and how it gets its taste. If you have questions, Dr. Sheryl Barringer has answers!

Dr. Barringer has requested that each participant complete some advanced "homework." Wouldn't it have been great if we had this assignment back when we were going to school?

Perform At Home Instructions (both Zoom and in-class participants do this before class):

Prepare and drink the chocolate drinks in advance, as they are best consumed hot. We will discuss your impressions of them during the class.

1. Chocolate Drink #1: Mix together 1 Tablespoon corn meal, 2 Tablespoons baking chocolate or cocoa powder and water. (No sugar!) Heat, stirring as needed until chocolate melts and corn meal dissolves. Add water as needed. Whip vigorously to create a foam on top. Drink.
2. Chocolate Drink #2: Mix together 8 teaspoons chocolate or cocoa powder, 1 1/3 teaspoons anise, 2/3 teaspoon cinnamon, 7 teaspoons sugar, dash of black pepper, dash of cloves, dash of chili powder, 1 cup of water. Heat. Drink.

We Will Do This Together During the Class:

No need to bring anything if you attend class in-person; OLLI will supply the bar chocolates we will be tasting.

If you are participating via Zoom, you may want to pick up the following items prior to class:

1. Dark chocolate #1: Hershey's special dark or Dove dark chocolate.
2. Dark chocolate #2: Scharffen Berger 82% Dark Chocolate (Available at Gelson's or BevMo) or Green & Black's 85% Dark Chocolate (Available at Whole Foods).
3. Milk chocolate: Dove, Godiva, Lindt, Cadbury, Hershey, or Ghirardelli milk chocolate.



UCI COVID-19 VACCINATION POLICY



OLLI at UCI COVID-19 VACCINATION REQUIREMENT

- OLLI will continue to ask members to provide proof of COVID-19 vaccination and first booster at the first class meeting or special event a member attends.
- If a member (or guest) is not vaccinated, OLLI requests that they attend class online.

To add your digital State of California COVID-19 vaccination record to your phone, fill out the following form: <https://myvaccinerecord.cdph.ca.gov>.

UCI COVID-19 MASK POLICY

From the UCI Campus Public Health Response Team:

Face coverings will continue to be recommended indoors, but not required, regardless of vaccination status consistent with current [California Department of Public Health \(CDPH\)](#) guidance on the use of face masks in California.

Therefore, individuals should feel free to continue to wear face coverings if they desire.



- OLLI at UCI will continue to provide face coverings to those that request one.

For the latest COVID-19 information, please continue to visit the [UCI Forward website](#). Thank you for your ongoing compliance with COVID-19 protocols to help with campus health and well-being.

CONTACTING US



OLLI at UCI

Office hours: 9:00am - 4:00pm

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VISIT US ON FACEBOOK



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