

**KIT Mail (Keep in Touch)**  
**OLLI**  
From OLLI at UCI  
Fall 2023  
OSHER LIFELONG LEARNING INSTITUTE  
AT UNIVERSITY OF CALIFORNIA, IRVINE

**Monday, November 6, 2023**

# Greetings OLLI Members



We have another wonderful **Social Hour** coming up this week, Wednesday, **November 8th from 4:00 PM- 5:30 PM after AH 112:Weird but Wondrous Instruments in Classical Music**. Come for a great class, taught by OLLI Board member Steve Weinstein, and stay for you OLLI BOD sponsored member Social Hour! RSVP at: [olli@uci.edu](mailto:olli@uci.edu).

**Volunteer's Needed** for our Fall Solicitation Letter Stuffing.

Join us this coming **Monday, November 13 form 10:00 AM - 3:00 PM**. We need all the extra hands we can get and we'll provide the laughter! RSVP at: [olli@uci.edu](mailto:olli@uci.edu).

## Save the Dates:

- **Morning Mingle**

Friday, November 17th from 9:30 AM - 10:00 AM  
Before SS 308: Forensics

- **OLLI Jolly Holiday Party**

Friday, December 8th from 4:00 PM - 6:00 PM

---

With gratitude to all our OLLI members that have served our country, we honor you and thank you for your service.

Please note that we will be observing Veteran's Day and the OLLI office will



be closed this week Friday, November 10th in observance of Veteran's Day.

We look forward to seeing you in the classroom or online!

Warmly,

OLLI at UCI

## FANTASTIC FEEDBACK

- **"This class was so much fun! So many interesting new facts about his man. Well researched."**
  - *OLLI Members in response to: SS307: Ed Sullivan: His History and Influence on the 20<sup>th</sup> Century Media*
- **"What a fabulous course. The history was fascinating, and learning about the inspiration for Sherlock Holmes, was exciting."**
  - *OLLI Members in response to: SS 308 Forensics*
- **"This class is Excellent. I could listen to Rainer Felt for hours. He makes history come alive."**
  - *OLLI Members in response to: SS 303 European History Series*
- **"Steve's courses are so entertaining. I even enjoy his Dad jokes (dad jokes? "dad jokes"?) It's clear that Steve puts a lot of time and energy into preparing his presentations. I appreciate his attention to detail and the great examples he finds to illustrate a rule of grammar or a point he's making. As always, thank you, Steve!"**
  - *OLLI Members in response to: AH 113 Spell Check Won't Save You! Part 3*

## UPCOMING OLLI at UCI EVENTS

**Social Hour** is an opportunity to meet other members after the following classes. Our OLLI Board of Director's hosts these events with Hors d'oeuvres and drinks from **4:00 PM to 5:30 PM**. Please join us!



- Wednesday, November 8th, after AH 112: Weird but Wondrous Instruments in Classical Music

---

**Morning Mingles** are an opportunity to meet other members before the following classes. Our OLLI Board of Director's hosts these events with pastries and coffee beginning at **9:30 AM**. Please join us!

- Friday, November 17th, before SS 308: Forensics (session 2).

## Welcome to the Fall 2023 semester at OLLI!

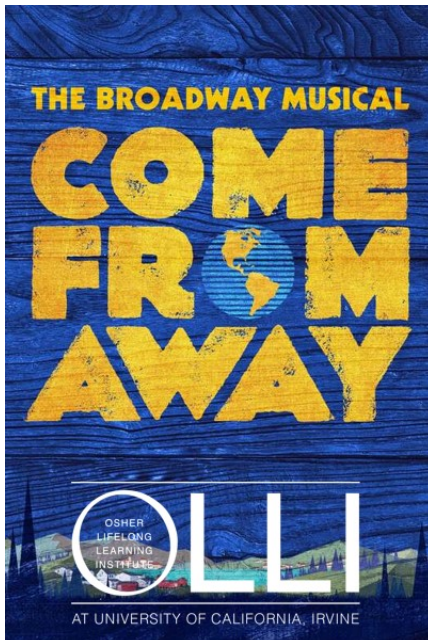
The Board is excited to kick off our fall 2023 semester with our OLLI member appreciation **Morning Mingles!**

We'll be having coffee and pastries at **9:30 AM** before the following classes:

- Friday, September 19  
SS 308: Forensics



## FALL SEMESTER SPECIAL EVENTS (Click on the Special Events images to register)



### COME FROM AWAY: OLLI on Broadway SE 406

**Date:** Saturday, November 11  
**Time:** 11:30 AM - 2:30 PM  
**Cost:** \$50 Includes lunch  
**Location:** OLLI Classroom

September 11, 2001. You're on a plane heading to New York. The pilot suddenly announces that the flight has been diverted. This filmed version of the hit Broadway musical *Come From Away* takes you into the heart of the remarkable true story of 7000 stranded passengers and the small town in Newfoundland that graciously welcomed them.

OLLI's extra-large classroom screen shows faces up close that pull you into the story as if you are there. You'll both laugh and cry as closed captions capture every word. Join us for lunch and a show.

**ORANGE COAST COLLEGE  
PLANETARIUM 2023:  
A Space Odyssey**

**SE 410**

**Date:** Wednesday, December 13  
**Time:** 11:00 AM - 1:00 PM  
**Cost:** \$25 Plus parking  
**Location:** Self-drive to Orange Coast College, Costa Mesa

**OLLI**  
AT UNIVERSITY OF CALIFORNIA, IRVINE



A guide takes us through images of mysterious other worlds that share our solar system.

Immerse yourself in faraway constellations, star clusters and other wonders of the universe at the new Orange Coast College state-of-the-art Planetarium.

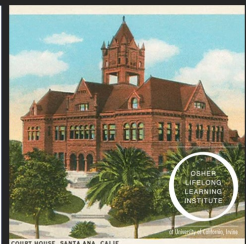
Bounce around the surface of the moon. See an astronaut's eye-view of the earth as it changes by the minute.

A 70-foot diameter dome in the heart of the campus peeks out from the center of the galaxy mimicking the Milky Way. Look up and touch the cosmos right here in Orange County.

**OLD ORANGE COUNTY  
COURTHOUSE:  
Court is in Session**  
SE 403

**Date:** Friday, December 15  
**Time:** 10:00 AM - 12:00 PM  
**Cost:** \$25  
**Location:** Self-drive to Old Orange County Courthouse  
211 W. Santa Ana Boulevard, Santa Ana, CA 92701

It started out as a jail. It's a museum now and you can get married here too. The Old Orange County Courthouse built in 1901 of granite and red sandstone is an eye-popping example of Renaissance-Revival architecture in the Santa Ana Historical District. Completely restored in 1962 to look as it did at the turn of the century, archives highlight events and court proceedings that shaped Orange County's early history. A docent leads us through the storied old building that is part of our local heritage. Enjoy lunch on your own in Old Santa Ana.



**OLLI**  
AT UNIVERSITY OF CALIFORNIA, IRVINE

COURT HOUSE, SANTA ANA, CALIF.

**DIRECTOR'S VOICE II - KING LEAR**  
SE 411  
Date: Sunday, February 4, 2024  
Time: 1:00 PM – 4:30 PM  
Cost: \$20 Includes Director's Talk and Performance  
Location: UCI Clair Trevor Theatre, Irvine



Considered among Shakespeare's greatest tragedies, *King Lear* tells of a parent's love and loss amongst the greed of his children. Preparing to split up his kingdom, Lear asks his three daughters how much they love him. His youngest, Cordelia, says she cannot quantify her love. He disinherits her and gives his kingdom to his other daughters, then finds himself spurned by those around him, and driven to insanity in his old age. *Lear* speaks to the love we have for our children and the fear of aging and death.



UCI Claire Trevor School of the Arts

**BEHIND THE SCENE AT SEGERSTROM CENTER AND A FINAL REHEARSAL**  
SE 413  
Date: Wednesday, January 31, 2024  
Time: 6:30 PM – 9:30 PM (arrive at 6:15 PM)  
Cost: \$50 Includes tour of the Hall and symphony rehearsal (parking \$15)  
Location: Self-drive Segerstrom Center for the Arts, 800 Town Center Dr., Costa Mesa

A first for OLLI and a music lover's dream! Join us for a private docu-titled tour of the Segerstrom Center for the Arts and Renee and Henry Segerstrom Concert Hall. Following the tour and thanks to the generosity of the Pacific Symphony, we are invited to attend the final rehearsal of the Kern Plays Rach 3 concert series conducted by the Symphony's Music Director Carl Si Clair. Segerstrom's experienced and enthusiastic guides are certain to entertain us on our walk with good stories and little-known facts that may surprise and delight. This is a rare opportunity to see behind the curtain at one of the nation's most renowned performance venues right here in Orange County.


**OSHER LIFELONG LEARNING INSTITUTE**  
at University of California, Irvine

# OLLI Remote Learning Center

To view online classes, you will need to create an account for the **ORLC**. If you have not received your OLLI Membership ID, please email: [olli@uci.edu](mailto:olli@uci.edu).

If you already created an account for the **ORLC**, you can use the same log in and video password that you created. If you have forgotten your (Video) password, the office can reset it, by emailing: [olli@uci.edu](mailto:olli@uci.edu).

NOTE: Please allow 5-10 business days for a video recording to become available after a classes has concluded due to the editing process. Thank you.



# WEEKLY SCHEDULE



## Calendar at a Glance

Monday 11/6	Tuesday 11/7	Wednesday 11/8	Thursday 11/9	Friday 11/10
<u>10:00 AM</u> SC 204 FORMAT B/C	<u>10:00 AM</u> SS 307 FORMAT B/C	<u>10:30 AM</u> AH 102 FORMAT D Not Recorded Full	<u>10:00 AM</u> AH 113 FORMAT B/C	<u>10:00 AM</u> OLLI Office Closed in Observance of Veteran's Day
<u>1:30 PM</u>	<u>1:30 PM</u>	<u>1:30 PM</u>	<u>1:30 PM</u>	<u>1:30 PM</u>

AH 108 SS309 AH 112 SC205  
FORMAT A FORMAT B/C FORMAT B/C FORMAT B/C  
Not Recorded  
**Full**

4:00 PM  
**Social  
Hour**

## Upcoming Classes

### CLASS FORMAT LEGEND:

**A: Classroom ONLY** (Presenter and Audience attend in person)

**B/C: Hybrid with Presenter in person or via Zoom** (Audience attend in person or via Zoom)

**D: Zoom ONLY** (Presenter and Audience attend via Zoom)

## Upcoming Class Descriptions

To view our Fall 2023 catalog of courses click [here](#). We look forward to seeing you in person or online via Zoom! Stay Curious!

### Monday, November 6th

**SC 204**  
**Format B/C**

### **ACUPUNCTURE FOR CHRONIC PAIN - EVIDENCE AND PRACTICE**

**Monday, November 6**  
**10:00 PM - 12:00 PM**

**Presenter: Richard E. Harris, PhD,**  
Professor and Samueli Endowed  
Chair, Susan Samueli Integrative  
Health Institute, School of Medicine,  
University of California at Irvine.

Acupuncture is a millennia-old therapy, which is increasingly being integrated in conventional care for the treatment of a range of conditions, particularly chronic pain disorders. Evidence over the past four decades indicates that acupuncture is more than a placebo but it is also not just the needle.

This lecture will introduce you to the practice of acupuncture, its theory from a Traditional East Asian Medicine perspective, as well as Western biomedical evidence investigating its underlying mechanisms of action. Particular attention will be paid to brain mechanisms operative in chronic pain and acupuncture's clinical effects.

**AH 108**

As we find ourselves in an

Format A  
Not Recorded  
Full

## WORDS WITHOUT BOARDERS

Monday, November 6  
1:30 PM - 3:30 PM

**Presenter: Milly Lugo-Rios**, retired librarian; **Yasmin Vali**, published author, retired high school English teacher, retired UCI-DCE Instructor.

increasingly globalized society, literature can provide us with knowledge and worldviews beyond our own borders. We invite you to this interactive adventure.

We will explore human experiences through reading and analyzing various national and cultural societies.

Participants will have an opportunity to select short stories from pdf documents provided by the presenters and to develop questions for discussions.

## Tuesday, November 7th

SS 307  
Format B/C

### ED SULLIVAN: His History and Influence on 20th Century Media

Tuesday, November 7  
10:00 PM - 12:00 PM  
(Session 2 of 2)

**Presenter: Bruce Bollinger, MBA;** OLLI STEM Curriculum Team Developer.

Everybody knows Ed Sullivan, the man who introduced the Beatles to America on his Sunday night variety show. But do we really know Ed Sullivan? A man with unquenchable desire for fame and recognition, he was oddly insecure, uncomfortable in front of the camera, mispronouncing and mangling his words.

This is the story of Ed Sullivan – the people and events that influenced his life and molded his character; his career as a Broadway gossip columnist; his struggles and failure in radio; his introduction and influence into the uncharted medium called television – the pioneering showman that invented the rules as he went along.

SS 309  
Format B/C

### SELF-CARE SERIES: 6 ANCIENT HEALING PRACTICES FOR BODY AND MIND

**NOTE: Dr. Barili will present from her office at UC Berkely.**

How do the latest reports from Neuroscience research confirm what ancient healing wisdom and traditions tell us about the deep connection between our body and mind?

**Tuesday, November 7  
1:30 PM - 3:30 PM  
(Session 1 of 3)**

**Presenter: Dr. Amelia Barili, PhD,** faculty at UCB OLLI and Berkeley Buddhist Monastery. She teaches Meditation, Self-Care, Volunteering and Cultivating Positive Neuroplasticity.

In these sessions we will explore six ancient centering and healing Practices. Then learn how science explains how our thoughts and emotions influence our health.

These Practices are easy to learn and integrate into our daily life for greater physical and emotional wellbeing.

## Wednesday, November 8th

**AH 102  
FORMAT D  
Not Recorded  
Full**

### WRITING LIFE STORIES

**Wednesday, November 8  
10:00 AM - 12:00 PM**

**Presenter: Tim Boyd, B.S. in** Communication, M.S. in Counseling, and a Lifetime Teaching Credential, is an experienced participant in writing workshops at OLLI CSUF and UCI.

This friendly class is where you will write down the stories of your life, share your stories and listen to those of others in the group.

The workshop provides prompts, ideas and writing resources. You will also learn about design and printing.

This workshop involves a commitment to attend regularly and to write a two-page story approximately every two weeks.

**AH 112  
Format B/C**

### WEIRD BUT WONDROUS INSTRUMENTS IN CLASSICAL MUSIC

**Wednesday, November 8  
1:30 PM - 3:45 PM  
(Session 2 of 3)  
NOTE: Added session 11/30**

Everyone knows the violin, the cello, the flute and the piano, but do you know the arpeggione? Or the baryton? How about the ondes Martenot or the traultonium?

Classical music has had its share of strange instruments over the centuries. Most had short lives, but a few have endured, and all had what some intrepid inventor felt was an important reason for being—creating a sound that was distinctive and that would contribute a new, rich dimension to music.

**Presenter: Steve Weinstein, B.A.**  
in English with a minor in music,  
University of Pittsburgh



In this course we will look at 14 weird but wondrous instruments that found their way into classical music and, through compositions incorporating them, continue to live on.

**NOTE: OLLI Social Hour to follow from 4:00 PM - 5:30 PM.**

## Thursday, November 9th

**AH 113  
Format B/C**

### **SPELL CHECK WON'T SAVE YOU! (PART 3)**

**Thursday, November 9  
10:00 AM - 12:15 PM  
(Session 2 of 3)**

**Presenter: Steve Weinstein, B.A.**  
in English with a minor in music,  
University of Pittsburgh; and author  
of the book, *Spell Check Won't Save  
You!*

We all want to communicate clearly and effectively in writing and in speech, but we can't rely on Microsoft Word to be our copy editor.

This course addresses the common grammatical and usage errors not covered in Fall 2022's Part 1 or Spring 2023's Part 2—errors that often lead to comical, embarrassing and sometimes disastrous results.

The three sessions will include capitalization, the subjunctive mood, comparatives and superlatives, linking verbs vs. action verbs, and much more. Audio-visual aids, wordplay and humor ensure that snoozing is not an option. This is a stand-alone course that does not require prior Part 1 or part 2 attendance.

**SC 205  
Format B/C**

### **LIVING WELL: INTERVENTIONAL CARDIOLOGY INNOVATIONS IN THE TREATMENT OF STRUCTURAL HEART**

**NOTE: Dr. Halais Frangieh will be presenting remotely.**

Structural heart problems involve the heart's anatomy, including valves, chambers, and walls of the heart. Damage to any of these structures may alter blood flow which can result in life-threatening complications such as heart failure, stroke, and cardiac arrest. These conditions are increasingly correctible with advanced treatment



# DISEASE

**Thursday, November 9  
1:30 AM - 3:30 PM**

**Presenters: Antonio Halais Frangieh, MD**, Interventional Cardiologist and Associate Professor, UCI Health Medical Director-Structural Heart Program, Division of Cardiology, Department of Medicine, UCI School of Medicine.

methods used by interventional cardiologists in state-of-the-art hybrid Cath labs.

Dr. Frangieh will take you through the anatomy of the heart, structural heart disease interventions, and will discuss current and future perspectives in the treatment of structural heart disease.

## Friday, November 10th

OLLI Office Closed in observance of Veteran's Day.

## Saturday, November 11th

**SE 406**

**NOTE:** All registered members and guests will receive an email with final details of event from developer.

### COME FROM AWAY: OLLI ON BROADWAY

**Saturday, November 11  
1:30 AM - 2:30 PM**

**Cost:** \$50 **Tickets still available**  
(Includes theater production & lunch)

**Register:** Call Student Services at:  
949-824-5414

**Developer:** Linda Vine, 949-616-5157

[vines1219@gmail.com](mailto:vines1219@gmail.com)



September 11, 2001. You're on a plane heading to New York. The pilot suddenly announces that the flight has been diverted.

This filmed version of the hit Broadway musical Come From Away takes you into the heart of the remarkable true story of 7000 stranded passengers and the small town in Newfoundland that graciously welcomed them.

OLLI's extra-large classroom screen shows faces up close that pull you into the story as if you are there. You'll both laugh and cry as closed captions capture every word. Join us for lunch and a show.

# Sunday, November 12th

**SE 407**

**Full**

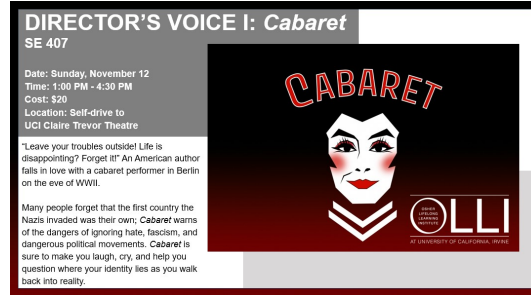
**NOTE:** All registered members and guests will receive an email with final details of event from developer.

## DIRECTOR'S VOICE I: CABARET

**Sunday, November 12  
1:00 PM - 4:30 PM**

**Developer:** Susan Fouts, 703-599-7420

[susancfouts@yahoo.com](mailto:susancfouts@yahoo.com)



**DIRECTOR'S VOICE I: Cabaret**  
SE 407

Date: Sunday, November 12  
Time: 1:00 PM - 4:30 PM  
Cost: \$20  
Location: Self-drive to UCI Claire Trevor Theatre

"Leave your troubles outside! Life is disappointing? Forget it!" An American author falls in love with a cabaret performer in Berlin on the eve of WWII.

Many people forget that the first country the Nazis invaded was their own; *Cabaret* warns of the dangers of ignoring hate, fascism, and dangerous political movements. *Cabaret* is sure to make you laugh, cry, and help you question where your identity lies as you walk back into reality.

OLLU  
UNIVERSITY OF CALIFORNIA, IRVINE

"Leave your troubles outside! Life is disappointing? Forget it!"

An American author falls in love with a cabaret performer in Berlin on the eve of WWII. Many people forget that the first country the Nazis invaded was their own; *Cabaret* warns of the dangers of ignoring hate, fascism, and dangerous political movements. *Cabaret* is sure to make you laugh, cry, and help you question where your identity lies as you walk back into reality.



## IMPORTANT CLASS NOTICES

**SE 411**

**DIRECTOR'S VOICE II: KING LEAR**

**RESCHEDULED**

**NEW DATE:**

**Sunday, February 4, 2024**

Due to a schedule change with UCI Clair Trevor School of the Arts, we have rescheduled this event from the original date of Sunday, January 28 to the **new date of Sunday, February 4, 2024.**

**SS 310**

# BRAZIL AND THE UNITED STATES SINCE 1500: A Study in Contrasts

**CANCELLED**

**Tuesdays, November 14, 21**

Due to the instructor's request, this class has been cancelled. Enrolled members were notified via email.



No supplemental material this week. Please check back next KIT Mail!



## UCI COVID-19 VACCINATION POLICY



### OLLI at UCI COVID-19 VACCINATION REQUIREMENT

- OLLI will continue to ask members to provide proof of COVID-19 vaccination and first booster at the first class meeting or special event a member attends.
- If a member (or guest) is not vaccinated, OLLI requests that they attend class online.

To add your digital State of California COVID-19 vaccination record to your phone, fill out the following form: <https://myvaccinerecord.cdph.ca.gov>.

## UCI COVID-19 MASK POLICY

From the UCI Campus Public

## Health Response Team:

Face coverings will continue to be recommended indoors, but not required, regardless of vaccination status consistent with current [California Department of Public Health \(CDPH\)](#) guidance on the use of face masks in California. Therefore, individuals should feel free to continue to wear face coverings if they desire.



- OLLI at UCI will continue to provide face coverings to those that request one.

For the latest COVID-19 information, please continue to visit the [UCI Forward website](#). Thank you for your ongoing compliance with COVID-19 protocols to help with campus health and well-being.

## CONTACTING US



### OLLI at UCI

Office hours: 9:00am - 4:00pm

[Irvine Train Station](#)  
[15207 Barranca Pkwy](#)  
[Irvine, CA 92618](#)

Email: [olli@uci.edu](mailto:olli@uci.edu)  
Website: [ce.uci.edu/olli](http://ce.uci.edu/olli)

## VISIT US ON FACEBOOK



Osher Lifelong Learning Institute at UC Irvine | 510 E. Peltason Drive, UCI Division of Continuing Education, Irvine, CA 92617

[Unsubscribe olli@uci.edu](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [olli@uci.edu](mailto:olli@uci.edu) powered by



Try email marketing for free today!